

Coastal Round Walk 39 – Lerryn, St. Winnow, St. Winnow Mill, Ethy – 4.49 miles

Lerryn to St. Winnow Church – 2.53 miles

Start from the Lerryn car park entrance at 13999/57024.

At low tides cross the Lerryn River on firm stepping stones. *At higher tides, use the road and bridge to get to north bank.* Go L on tarmac lane (*Public Bridleway*) along N side of river, passing attractive cottages. After a while the lane becomes a track. At The Granary the track follows R round the house and enters NT Ethy Woods, climbing gently in broadleaf woodland – beech, oak, hazel, chestnut. At 0.65 miles, with Ethy Rock below, you head inland round a creek. At 0.71 miles, a path forward continues up towards St. Winnow mill, but go L down 2 steps, over stepping stones and over a FB over a stream. **(0.73 miles)**

From here, most of the way to St. Winnow, the path is obvious and is clearly waymarked. Scenically it is preferable to follow the woodland path but, at 12949/56788 at 0.87 miles you come to a forestry track. You could continue most of the way to St. Winnow on this track but you will probably prefer to take the lower woodland route at 0.97 miles, rejoining the track at 1.20 miles. At 1.85 miles the track becomes a path, now through West Wood above the Fowey River. At **2.13 miles** go up 4 steps, over a high wooden stile into a field and L on a clear path round the field.

At 2.18 miles cross a wooden stile (WM) to a second field. Continue to a wooden lift stile and a FB. On for a few yards and down to the foreshore. Follow the foreshore round, passing a WM at 2.32 miles. *At this point, if the tide is high, you will need to scramble up the bank and go L at the top to reach St. Winnow Church.* If the tide allows, continue round the foreshore to just after a converted boathouse at 2.45 miles. Go R (WM) up a track, passing small boatyard on L, up to St. Winnow Barton Farm and the entrance to **St. Winnow Church** on R. **(2.53 miles)**

St. Winnow Church back inland to Lerryn – 1.94 miles

Well worth looking round graveyard and church, 0.14 miles included. Head up the road for 40 yards, passing house on R to a grassy track (*WM and FP*). Go R on the track for 25 yards, through a galvanised gate and bear L uphill, into woodland at 2.71 miles. *At times the track can be very muddy, but improves higher up.* Up a bit of rocky track to a galvanised gate (WM) at 2.72 miles. Out of the woodland, now between high wooded hedges, continue uphill on narrow path, bit rocky, bit muddy. *Looking back, nice view of St. Winnow church above the water.* Continue up to a galvanised gate at 2.86 miles. Forward for 10 yards up to a track. R through a (probably open) galvanised gate (WM), by an unused wooden stile, into a field. **(2.87 miles)**

Cross the field uphill diagonally, roughly ENE, heading for a gap in the far hedge. *More lovely views back across the river.* Over a wooden stile at 255 feet at 3.04 miles. Through a brief tangle then over another wooden stile to a second field. Follow LH hedge uphill, passing WM on L, up to 275 feet at 3.09 miles. Now gently downhill, still along LH hedge, passing another WM post at 3.13 miles. Down to a wooden stile (*2 WM posts*) by a galvanised gate (*may be very wet and muddy*) to a third field. **(3.19 miles)**

Follow red arrow on yellow post, diagonally L across field, downhill roughly NE to bottom corner to yellow former FP post and a wooden stile (WM) to a fourth field. Go L to follow LH hedge downhill. Just before the corner, go L over a high wooden stile and down 3 steps to a fifth field. Follow RH hedge downhill steeply. Shortly after the roof of a house on your R, where the slope eases off, go R to a wooden stile (WM), down 6 steps, then down 6 more steps to a wide well made track. **(3.46 miles)**

Go R on the track and after 60 yards, bear L (WM) downhill on wide well-made track. The track bears L, passing NT Ethy sign and through remains of the former **St. Winnow Mill** at around 100 feet, then bearing R uphill to top at 12900/57439 at 3.54 miles. (*The track continues downhill, back down the east side of a valley to the River Lerryn near Ethy Rock. Some may prefer to take this route back, avoiding any more climbing*) Now go L up one step and through remains of a wooden barrier into oak and beech woodland. A well made path heads roughly SE uphill fairly steeply. Ignore any paths on R heading downhill and continue up to a step-stile up to a gate to a field. **(3.76 miles)**

Bear R across the field, keeping to L of a tall sycamore then to L of fenced young oak. Continue to a gap in a fence at 3.89 miles. Go through the gap (WM) into a second field, follow LH hedge to a galvanised gate (WM) to a third field. Roughly follow LH hedge to where it bears off L then continue roughly ENE down middle of field, leaving solitary tree to your R, reaching a gate in the RH hedge at 4.20 miles. Follow a path, house on L, woodland on R, to a road (*Lerryn View*) by NT Ethy sign at 4.21 miles. Go L on road, gently downhill through council estate, to a T. Go R on lane downhill to bottom at 4.44 miles. Cross river on stepping stones back to car park. **(4.49 miles)**