

Coastal Round Walk – A round walk from Mylor Harbour – 4.08 miles

Route: Mylor Harbour, Mylor Creek, Trelew, Flushing, Trefusis Estate, Carrick Roads

Interest: Mylor Yacht Harbour, Mylor Church, Trelew Woods, Flushing quays and streets, Carrick Roads

Route Directions

Start from the car park entrance at Mylor Yacht Harbour at 82100/35242.

Mylor Churchtown to Flushing – 1.71 miles

Follow the road past Café Mylor for 50 yards to the toilets, phone box, and the churchyard entrance. Go through the gate into the churchyard and follow the path uphill with 22 steps up to the lych gate at the west end. Continue to the road. Cross the road and follow a lane (sometimes only a track) (FP) between houses. Soon the track turns into a stony path down to Mylor Creek, then becomes a track again down to a slipway. **(0.27 miles)**

There are expensive houses and occasional good views along Mylor Creek. Continue, now on a lane, Mylor Creek on the R, up gently, using narrow footway on L, up to 80 feet, down to a turning circle and a tiny creek at 0.56 miles. Continue on the lane for a few yards then go L (FP) at 0.58 miles on a track that goes to Trelew Farm. Follow the track through a (probably) open gate to just before the farm entrance and go L (WM) and then 6 steps down and follow a path over a stream into partly coppiced woodland. **(0.64 miles)**

Follow a path uphill to a fork at 0.65 miles. It would be easy to take the L fork, which seems to be the main path, but go R, muddy ahead. *This path winds a little and climbs, partly easy, partly moderate, up hill all the way to the far southern end of the established woodland. In places it is very wet and muddy.* Shortly you go through two wooden gates in a dip, the second with remains of a WM disc at 0.68 miles. At a fork at 0.76 miles keep straight on. The path continues uphill, leaving the woodland at 0.87 miles. Continue uphill along RH side of a field (new woodland on R) and at a wire fence at 0.92 miles the path continues forward, fence on L, trees on R, up to a cattle stile of sorts (FP signed back to Trelew) to a road from Mylor Bridge at 225 feet. **(0.98 miles)**

Go L on the road for about 60 yards to a crossing road at 1.01 miles. Go straight across (FP Flushing) on Trefusis Barton drive to cross a cattle grid and immediately after, at 235 feet at 1.09 miles, go R through a (probably open) galvanised gate to a field. Follow the LH hedge to a cattle stile (*looks to be made of parts of fluted pillars*) into a second field at 1.12 miles (WM post here may be damaged and misaligned). Follow the RH hedge downhill, bearing L and R along it towards the end of the field, and continue down, heading towards Orchard Vale, to a hybrid stile at 1.39 miles. Follow a path, houses on L, then 6 steps down to a road at 1.45 miles. Follow the road downhill into Flushing proper to a crossing road at 1.63 miles. Go L, passing the Seven Stars Inn and Flushing Stores, and at a phone box The Quay is on your R. **(1.71 miles)**

Flushing back to Mylor Churchtown – 2.37 miles

On the Quay, a very pleasant place to take a break, are a war memorial, the Waterside Restaurant, seats and toilets. Continue along the road (Trefusis Road), *some handsome houses along it*, to New Quay (*sailing club, good views across to Falmouth*) at 1.91 miles where the road bears L. *You pass more large handsome houses between you and the water* and come to an open gate where the road ends. **(2.30 miles)**

If you go R here a track leads you down to Kiln Quay, a delightful spot with views across to Falmouth Docks and Pendennis Castle. Go forward on a track onto the Trefusis Estate, immediately to your L is the Flushing & Mylor Gig Club store. On to a coffin stile at 2.42 miles. From here a clear route, on paths or grass, with woodland most of the way on your left, takes you along Carrick Roads to Penarrow Point. *From 2.50 miles views are now across to the Roseland Peninsula, St. Anthony Head, St. Mawes Castle and St. Just Creek.* At Penarrow Point the route turns left to take you back, still along the water, to Mylor Harbour. From 2.68 miles you are briefly in woodland, then back onto the open again. You cross wooden stiles (or go through muddy gaps) at 3.10 miles, 3.53 miles, 3.63 miles and 3.79 miles (*pill box here*). Continue, passing several boat storage fields and boating offices on your L and a small beach on your R, back to your start point at the CP. **(4.08 miles)**