

Coastal Round Walk 25 – Carne Beach, Nare Head, Portloe and Veryan 6.98 miles

Route Directions – Non GPS Version

Carne Beach to Portloe – 3.88 miles

Start from Coast Path sign (Portloe $3\frac{3}{4}$) by corner of road to car park. Leave on road E, uphill round corner to a Coast Path sign on L. Go R here, 11 steps up to a kissing gate to field. From here, as always, the route on the Coast Path is clear. Initially going is easy, with moderate climbs, as far as Tregagle's Hole and ruined Mallet's Cottage at 0.86 miles. There is then a steep 140 foot climb before the path undulates to open ground at Nare Head at 275 feet at 1.14 miles.

More undulation to the former nuclear bunker on your L at 1.48 miles. After a while you descend fairly steeply down to the back of Kiberick Cove. From here a moderate climb takes you up onto the Blouth at 240 feet at 2.38 miles. The last long climb starts from a FB above the Straythe at 2.83 miles, taking you up past the NT's Broom Parc and on up to 280 feet. The path then undulates before descending fairly easily towards Portloe. Where the path divides above Portloe, go R for a detour out to Jacka Point at 110 feet at 3.77 miles for the view of Portloe, then continue on down to Portloe harbour, opposite the Lugger Hotel at 3.88 miles.

Portloe to Veryan – 1.67 miles

Leave the harbour uphill and at the road go L in the Veryan direction WNW, uphill fairly steeply, passing the Ship Inn after 600 yards. Continue up for another 300 yards and go R on a tarmac lane (*FP Veryan*) bearing L between houses. Pass the last house on R to metal gate into a field at 4.20 miles. After a few yards, bear R (N), following an indistinct path uphill to a sheep stile (WM) to the next field at 4.32 miles. Follow LH hedge uphill moderate, heading W, and go through a gate at 4.43 miles. Follow a muddy track, between high hedges, through Trewartha Hall Farm. This becomes a concrete track between barns to a WM at a T at 4.52 miles. Go R on the lane uphill between high hedges, bearing L, roughly W. Pass a track (*FP sign*) on L in Trewartha at 4.77 miles and continue to the road at 340 feet at 4.88 miles.

Go L on road for 30 yards, then R (*FP Veryan*) on a tarmac track, passing Roseland Nursery on the R, for about 120 yards. Go forward (WM) 75 yards on a grassy track to a gate (WM) to a field. Follow track between hedges for about 25 yards. Now follow the WM straight across the field downhill (*halfway, back R view of Veryan Green round houses*) to the middle of a line of trees, at 5.12 miles. Here go forward (WM) through the narrow strip of trees to a crude stile and metal gate to the next field at 5.14 miles. Follow WM diagonally across field downhill. $\frac{3}{4}$ way down at 5.25 miles, pass a path heading L into woods and continue on down to follow the LH fence down to a cattle stile at 5.30 miles. Bear R, with stream on R for 30 yards, over clapper bridge, and bear L into playground. *At this point, if visiting church, cross clapper bridge on L and go through gate to churchyard.* Continue to wooden FB and kissing gate to a small park and on to a gate to the road. Go L to the War Memorial and lych gate to the church. Here go R uphill on a wide track (Back Lane), between a hedge and a wall, up to Century Lane. Go R on the lane downhill, passing Roseland Stores on L to the New Inn on L and Elerkey House on R at 5.55 miles.

Veryan to Carne Beach – 1.43 miles

After the New Inn, L on the road uphill fairly steeply, keeping L at fork (*signed Pendower*). Pass between pair of round houses and continue up. After about 800 yards, immediately after Churchtown Farm on L, go L over a cattle stile (*field roller on top*) and a wooden stile (*FP Carne*) to field. Follow LH hedge to a wooden lift stile by a gate to a lane at 6.14 miles. Go forward for 5 yards, then L up a cattle stile and wooden stile (FP) to field. Cross the field SSE, passing on L Carne Beacon (*massive bronze age burial mound*) at 310 feet at 6.22 miles. *View forward to Gerrans Bay, back to Clay Country.* Continue to a high granite stile (*field roller on top*) to road at 6.26 miles. Go L on road for about 100 yards. Where it bears L, go forward on lane (*sign Carne village only*) into Carne.

At fork, with Beacon Cottage on R at 6.40 miles, bear R downhill on a track (FP), which looks more like a drive. After a cottage on R it becomes a grassy track downhill. *View ahead of Nare Hotel, Carne Beach, and round Gerrans Bay. Direction for rest of way is overall roughly W.* Almost immediately, at 6.51 miles, the track divides at fingerposts, (*the path L goes to Tregagle's Hole*). Here take the R fork downhill to go through a gate (WM). You are now on a fairly steep grassy path downhill between furze hedges. At the bottom, join the coast path and immediately go through rocky gap to field. Continue on coast path to a kissing gate and 11 steps down to the road. Go L on the road downhill back to the Coast Path direction sign at Carne Beach at 6.98 miles.

A fuller version of these route directions, complete with GPS data including 10 figure grid references, spot heights and detailed distances, is also available. Return to the walk page and click for it.