

## Coastal Round Walk 17 – Mullion Cove and Predannack Wollas – 3.90 miles

### Route Directions – Non GPS Version

#### Mullion Cove Harbour to Predannack Wollas – 1.55 miles

Start from the harbour and take the road towards Mullion village for 60 yards. Go R (*Coast Path sign*) for 20 yards. *Here Coast Path goes R*. Go L, roughly E, on a track uphill. After Creigan House on the R continue on a grassy path between hedges to another track. Continue uphill on this track to a WM post, just before a headless Cornish cross. Go R, roughly SSW, over a cattle stile into a field and follow LH hedge uphill then down to a coffin stile to the next field. Follow LH hedge down to a low cattle stile. (0.50 miles)

Cross 2 streams, heading uphill, at first fairly steeply, then easily, on a narrow muddy path through scrub to a coffin stile. After the stile, the path continues, bearing L, up to a low cattle stile to a field. Follow LH hedge to a cattle stile to the next field. Cross the field, still SSW, passing a Cornish cross on L shortly before a long cattle stile to the next field. Follow LH hedge to a high cattle stile leading to a house on L, at Predannack hamlet. (0.54 miles) **1.04 miles**

Bear R, with the house on L, to a lane. *A lane goes L, a path goes R to Mullion Cliff*. Go forward on the lane towards Predannack Manor Farm. Just before the farm, go L over a cattle stile (*FP sign*) into a field. Follow RH hedge uphill (*can be muddy*) to cross a high cattle stile (*WMs L and R*). Continue on a muddy path S between hedges to a high cattle stile to a field. Go straight across this field ESE to a high cattle/lift stile to the next field. Follow WM to a wooden stile (*FP sign*) to a lane. Go R on the lane to Predannack Wollas farming hamlet and into NT CP. (0.51 miles) **1.55 miles**

#### Predannack Wollas to Mullion Cove Harbour – 2.35 miles

Go L downhill on a sometimes muddy track between buildings, heading SE. After a wooden FB continue uphill to a Coast Path WM. Go R at this and then cross a step/cattle stile on L by a gate at a NT sign. Continue easily uphill then downhill to the Coast Path on Predannack Cliff. Go R on the Coast Path down to stepping stones over a stream above Parc Bean Cove. (0.43 miles) **1.98 miles**

From here climb fairly steeply up to 160 feet. The path then undulates, crossing 3 stiles, a small FB and three sets of stepping stones, reaching a maximum height of 250 feet at the beginning of Higher Predannack Cliff. Once into the Lizard Nature Reserve, as you approach Mullion Cove, keep to the left for views and in order to go down 12 steps to the hard at the head of the harbour. (1.92 miles) **3.90 miles**

**Distance in brackets is since last reference point.**

**Distance in bold is total distance covered.**

**A fuller version of these route directions, complete with GPS data including 10 figure grid references, spot heights and detailed distances, is also available. Return to the walk page and click for it.**