

Coastal Round Walk 09 – Zennor, River Cove, Zennor Churchway - 5.55 to 9.30 miles

Route Directions – Non GPS Version

(a) The primary route – Zennor to Hellesveor Cliff – 5.14 miles - Some fairly strenuous Coast Path

From the car park at Zennor go L on road and L on lane between Tinnars Arms and Church, then L on lane (*sign Coast Path*) which becomes a path at Carn Cobba. After low granite stile, coast path begins and continues towards Zennor Head. At 0.54 miles pass FP on R, shortcut to Tremedda Cliff. From Zennor Head the path undulates, often with rocky footing, until it drops to 35 feet at 1.70 miles, after Gala Rocks. There is now a steep awkward climb up to Tregerthen Cliff, then more undulation, with several rock steps, down to 120 feet and up to 300 on Wicca Cliff, at 2.20 miles.

Path continues to undulate past Mussel Point and Treveal Cliff to a confusing direction sign above River Cove at 180 feet at 3.05 miles. *Here you would go R to the Field Path to continue on the short route, (d) below.* Continue down to a restored clapper bridge before climbing steeply up to Trevega Cliff and gently to Carn Naun Trig Point at 310 feet at 3.48 miles. From here the going is far easier to Hor Point and Hellesveor Cliff but with some muddy areas though with duckboards and stepping stones. On Hellesveor Cliff you will find a WM post at 5.14 miles. Here the path continues to St. Ives but you should now turn R uphill to find the Zennor Churchway. Continues as (b) below.

(b) The primary route – Hor Point to Zennor Churchway (the Coffin Path) – 0.32 miles - a short link

From the WM post go R uphill on a path, becomes a track, climbing 120 feet, until you see a high cattle stile on your L at 5.46 miles. There is a WM post by the cattle stile but your R direction arrow is hidden. Continues a (c) below.

(c) The primary route – Zennor Churchway (the Coffin Path) to Zennor – 3.47 miles - easy walking, many stiles

Go R over granite step stile on R into field. Although there are few waymarks, path from here to Zennor is clear, almost level, generally SSW, and needs few detailed directions, except perhaps at Trevalgan. On the way to Trowan hamlet, at 5.86 miles, you pass through 9 fields, over 6 cattle stiles, through 2 gaps and 1 gate. Path out of Trowan (*Zennor FP sign*) is clear and you pass through 6 fields, with 2 wooden stiles, 3 crude granite stiles and 1 gate, to Trevalgan, at 6.36 miles. *Beware, because you cannot see FP sign to leave Trevalgan, it would be easy to follow a path straight on. This is the detour route, at (f) below, which eventually leads to a green lane to Trevail Mill and Treveal.* For the primary route bear L at end of hedge to find crude stile between buildings, with Zennor FP sign.

Next landmark is hamlet of Trevega. First you cross 3 fields with 2 cattle stiles and gap. Then go R on lane for 130 yards to cattle stile (*FP sign and WM*) on L and cross 4 fields, with hunting gate and 4 more cattle or crude stiles to lane at Trevega at 6.92 miles. Here turn L for 25 yards and R on Treveva Farm drive to narrow gap and crude stile to a paddock (*may be divided*). On way to Boscubben there are now 8 more fields, with 7 more cattle or coffin stiles, to a track up to Boscubben at 7.50 miles. Final section on to Zennor completely obvious. After turning R (WM) on a track to Wicca, at 7.62 miles, you pass through 8 fields to Tregerthen, 4 to Tremedda, and 9 to Zennor. You cross in all 28 coffin stiles in 1¼ miles on this short stretch on your way to Zennor at 8.93 miles.

(d) The Short Route – Zennor, River Cove, Boscubben, Zennor – 5.55 miles

When you reach the Coast Path direction plaque just before River Cove, follow the Field Path sign up past Trevail Mill (*worth exploring on the path that goes through it*) and on up through Treveal (NT) to Boscubben. Turn right there to follow the primary route to Zennor. Full directions for River Cove to Boscubben at (e) below.

(e) River Cove to Boscubben by Treveal – 1.07 miles

Go R (*sign Field Path*) inland uphill through bracken. After 5 steps down, path continues steeply, more steps, up to 220 feet, then undulates to a lift stile at 3.24 miles. Undulations continue to gate at 3.27 miles. The path then enters ancient looking woodland up to the drive to Trevail Mill at a cattle grid and kissing gate at 3.43 miles. FP goes down through Trevail Mill, worth exploring (*distance included*). Back at the cattle grid continue up the track to Treveal at 320 feet at 3.62 miles. Bear L on track between hedges up to Boscubben at 440 feet at 4.12 miles.

(f) Detour from Trevalgan via Trevail Mill and Treveal to Boscubben – Total walk 9.30 miles

After the Trevalgan stile, ignore the Zennor FP sign follow the R WM along hedge. Then LH hedge to corner, crude stile to next field. (*mine ruin visible ahead*) Continue to gap to next field, follow LH hedge to crude stile (WM) by gate to next field. Follow RH hedge to crude stile (WM) to next field. Follow RH hedge to crude stile (WM) to next field. Follow RH hedge to gap to next field. Follow RH hedge to crude stile (WM) to next field. Follow RH hedge to crude stile (WM) to next field. Follow RH hedge to lift/cattle stile to green lane. Follow green lane/bridleway for 50 yards (*bridleway goes L to Trevega Wartha*), follow FP sign straight across between hedges (*view ahead Carn Galva*) downhill on former green lane between hedges down to gate to Trevail Mill. Path continues up through garden of Trevail Mill to kissing gate and cattle grid. Continue up on tarmac track to Treveal. Bear L on track between hedges up to Boscubben. Go R (WM) on track, rejoining primary route to Zennor.

Distances in text are cumulative. A fuller version of these route directions, complete with GPS data including 10 figure grid references, spot heights and detailed distances, is also available. Return to walk page and click for it.