

Coastal Round Walk 08 – Portreath, Tehidy, North Cliffs and Portreath - 6.81 miles

Route Directions – Non GPS Version

Portreath to North Cliffs – Mining Trails (Multi-use tracks) and farmland to the coast – 3.96 miles

Start at entrance of the car park above Portreath beach. Follow Beach Road east, past toilets, for 100 yards. Go R down a narrow tarmac path, over a small bridge and L on Tregea Terrace to the end. Go forward on Railway Terrace, under the Portreath Incline bridge and continue along Glenfeadon Terrace to Mining Trails fingerpost on L (*Illogan 1³/₄*). Go R on Primrose Terrace uphill. After 50 yards fork R on a well metalled path, signed Mining Trail, uphill fairly steeply through woodland. *Near the top pass on your R the restored Feadon Farm pond (storyboard)*. The track winds up to and through Feadon Farm.

At the T at the top of the concrete track, below Gwel an Mor Holiday Village, where Portreath Branchline goes R (*but there is no sign*), go L (*FP sign*) on a rough track. By Feadon Farmhouse, go R (*FP sign*) on a wide track gently uphill between high hedges. At the cross track, with MT fingerposts (*L Illogan 1, R Portreath 1*), continue forward SSE on the Tehidy Trail (*Mining Trail Tehidy 1¹/₂*), which continues uphill gently between high hedges up to 275 feet and then down gently to cross the Portreath to Illogan road at 1.26 miles. From here to Coombe your overall direction is WSW.

Follow the Mining Trail fingerpost (*Coombe 2¹/₄*), through the LH side of Tehidy Park East Lodge car park, passing a Tehidy Country Park storyboard. A clear track continues all the way from here to Coombe hamlet. At 1.38 miles, pass fingerposts (*Cornish Way cycleway*). At 1.42 miles, a golf course is on your L, you are now on Pine Walk. Continue gently uphill for $\frac{1}{2}$ mile to 265 feet and, at the fork, bear L (WM) downhill.

At a cross track (*Here you could take a detour L to lakes, a visitor centre and a café, adding about $\frac{1}{2}$ mile, depending on paths chosen*), go R (*fingerpost Coombe 1¹/₄*). Continue gently uphill, passing a private estate on your L. At a cross track at 2.34 miles, go L (*signed Otter Bridge 200 yards, Kennels, Coombe 1 mile*), downhill. At a T at 2.46 miles, go R (*fingerpost Coombe $\frac{3}{4}$*). (*At this point, the detour to the lakes rejoins from L*) The track now undulates, eventually leaving the woods, to the road at Coombe at 90 feet at 3.36 miles (*MT fingerpost back, Portreath 3 miles*).

Go R on the road uphill, passing houses on your L, for 200 yards. Just after Coombe Cottage, go R through a gap by a stile (*no FP sign*), on a path uphill between high hedges. Cross one farm track, go through a damaged kissing gate, and cross another farm track to reach a cattle stile (*FP sign*) to the Portreath to Hayle road at 3.90 miles. Cross the road to a short track, through the small free NT car park, to the Coast Path at North Cliffs at 285 feet at 3.96 miles.

North Cliffs to Portreath – 2.85 miles

Go R on the Coast Path, through heather scrub. After 120 yards, go through a kissing gate on to the open grassland of Reskajeage Downs. The path rises very gradually for $\frac{1}{2}$ mile to another kissing gate, then down through a third kissing gate to Basset's Cove car park at 5.00 miles. It continues down to 220 feet then up, crossing a wooden stile and on up to 270 feet above Porththeadjack Cove. A steepish descent takes you down to a footbridge at 160 feet at 5.43 miles. A steep ascent, with 42 steps, rises to 230 feet. Now it's fairly steeply down again, with 51 steps, to another footbridge at 100 feet at 5.60 miles.

You now climb fairly steeply up to Carvannel Downs, with 37 steps, to 260 feet. It is then grassy and fairly level to a kissing gate behind Western Cove at 6.11 miles. Heading down Western Hill, after another 100 yards, you could fork R for the short route down to Portreath. But continue L on the Coast Path (*beware crumbly cliffs*) to the headland for some great views in both directions.

Now follow the Coast Path R down to Portreath. The descent becomes steepish, with 51 steps down, to a kissing gate. Follow a sunken path to cross a small car park, and go L down a slipway to the beach. Cross the back of the beach, over a small stream on stepping stones, and go up 21 steps up to a seating area and the car park at 6.81 miles.

Distances in the text are cumulative.

A fuller version of these route directions, complete with GPS data including 10 figure grid references, spot heights and detailed distances, is also available. Return to the walk page and click for it.