

Clay Trail – Par Beach to the Eden Project by St. Blazey – 4.06 miles

Route Directions for Walkers

Par Beach to St. Blaise Church, St. Blazey – 2.45 miles

The cycle route starts at the Par Beach CP entrance (no sign) and follows the lane through the holiday park to the sculpture in the next paragraph. Walkers should cross the car park to the SE corner and follow a sandy track towards the beach. Officially you should follow the Coast Path W across the beach but the sand is very soft and you may prefer the dunes.

So, when you come to the back of the beach, cross the dunes at the back of it to a Coast Path WM post at 07904/53178 at 0.66 miles. Go R through a small CP and continue on a tarmac lane to a T at 0.74 miles. *On your L is a Clay Trails sculpture, on your R is a Coast & Clay Trail sign.* Go L on a track for about 70 yards then go R (*granite WM*) on a path through scrubby woodland, crossing a FB over marsh, finally bearing R and L to a hunting gate to Imerys private road. **(0.90 miles)**

Cross to another hunting gate and continue on a mostly concrete path to Par Green Road at 1.02 miles at a *Coast and Clay Trail sign*. *At this point the cycle route goes R or L round the block.* Go L for 20 yards, cross the road to follow a FP sign, bear R and L to Woodland Road to rejoin the cycle route at 07836/53759 at 1.12 miles by a FP sign. Cross the road and go R on the footway for 35 yards. Go L (*NCN sign not visible until after turning corner*) to a kissing gate to a public park. Go through the park, with a running track and sports field on your R to reach a T. Go R (*no sign*) with the railway on your L. Go through the car park at Par Station and continue on a tarmac path up to the road opposite the Royal Inn, (*NCN sign on post behind you*).

Go L over the railway bridge and follow the footway to 07684/54357 at 1.59 miles. (*NCN sign points in wrong direction*). Go L down 6 steps and follow a track through woodland, with a stream on your L, bearing L over a FB, then passing a lake on the R, to a T at a CP area at 07539/54363 at 1.68 miles. Go L (*no sign*) on a track through woodland, passing Par Estuary storyboard on your R, to open ground. After a while the track enters woodland and then follows a river on the L to St. Andrew's Road at 1.96 miles. Go L on the road for 25 yards, crossing the river and a railway level crossing. Go R on a track (*NCN sign*), with the river on your R, past the football ground. Go L (*no sign*) on a path through scrub, bearing L past houses, to Station Road (*opposite a NCN sign*). Go R on the footway for 35 yards to the junction with Fore Street (A390). **(2.45 miles)**

St. Blaise Church to Eden – 1.61 miles

From here to the lane before Cornhill Farm is for walkers only, on field paths.

Cross Fore Street to the R of the Cornish Arms, the L of the church, and go steeply up Duke Street (*no trail sign*), which becomes a FP then a fairly steep deep sunken path. At 3.00 miles go through a gate and then a kissing gate into a field. Follow the RH hedge, roughly W uphill. Where the hedge goes R, continue on the same line to a kissing gate (*FP sign*) to a lane at 3.21 miles. Go L on the lane uphill (*you are now back on the cycle route*) passing Cornhill Farm and then Treburthan to the St. Blazey Gate to Luxulyan road. **(3.66 miles)**

Cross the Luxulyan road (*sign cycleway Eden Project*) and continue on the lane downhill towards Tregrehan, passing cottages on R. At the bottom, at 3.89 miles, go R on the cycleway (*signed Eden ¼*) on a track through scrubby woodland. Continue on the track, then go through a small gate (*walkers, cycles sign*) at 4.19 miles. *At this point, if you continue on the track, you will link with Clay Trail routes to Wheal Martyn and Bugle, and a cycle route to Bodmin.* Follow the signed walkers route to the ticket entrance to Eden, toilets on L, café on R. **(4.06 miles)**