

Useful Information

Parking: NT car park at Cape Cornwall.

Intermediate Parking: Woon Gumpus Common, small CP for perhaps 8 cars.

Getting There: From Penzance by-pass, just follow A3071 St. Just. Cape Cornwall is signed from St. Just Square.

Transport: In summer, First Bus 300 runs between Penzance, St. Ives, St. Just, Land's End and Penzance.

Refreshments: 3 pubs, café and pasty shop in St. Just square. Lanyon Tea Room ½ mile ESE of Bosulow Common.

Toilets: Cape Cornwall CP (seasonal). St. Just.

Route Directions

Cape Cornwall to St. Just – 1.24 miles

Start from the NT Cape Cornwall CP entrance at 35383/31819. Set off on the road toward St. Just, uphill fairly steeply, passing Porthledden House on L and Cape Cornwall Golf Club on R. After 660 yards, at Boswedden, go L on a track between buildings and, after 120 yards, go R between high walls for 25 yards to a WM by a cattle stile. Follow WM R for 15 yards to a wooden stile to a field. Follow RH hedge to a coffin stile to a second field. Follow the RH hedge, passing a crude stile (WM) on R, to a coffin stile by a gap to a third field. Go straight across the field on a faint grassy track to the far L corner and a low cattle stile by a gate.

Continue on a path between hedges, passing a sheep stile to St. Just football field on R. You pass the first house in St. Just on your L at 0.97 miles. Continue on a tarmac lane, passing Warren's Bakery on your L and later some former farm buildings and an abattoir on your L, continuing to Chapel Road in St. Just. Continue forward, passing the clock tower and St. Just Round on your R, to the main St. Ives road. Cross this into the square and continue past the Kings Arms to the entrance to St. Just church. **(1.24 miles)**

St. Just to Tregeseal Stone Circle – 1.57 miles

Go L on a rough track, passing on your L tiny Church Square. The track becomes a path to a coffin stile and continues downhill between hedges to a cattle/coffin stile to a field. Follow the RH hedge to a cattle stile to a second field. Now go diagonally slightly L downhill on a faint path (*Nancherrow and Tregeseal in view ahead*) to a coffin stile to a third field. Continue down, *with a mine ruin above on your L*, skirting furze on the L, to a cattle stile to a fourth field. Go diagonally L to the bottom L corner to a step stile down to the road from St. Just and go R on the road into Nancherrow to a X-cross roads. **(1.55 miles)**

Cross, with Tregeseal Gallery on your R, and head uphill fairly steeply on No Go By Hill, passing Nancherrow Stud on your R. The hill eases off after 300 yards and you soon pass Truthwall Lane on your L. When you come to Higher Tregeseal **(2.02 miles)** go R uphill on Kenython Lane, leaving No Go By Cottages on your L. After about 700 yards, the track levels off passing Kenython House on your R. Continue gently downhill (*Carnyorth Common mast visible on your L, Carn Kenidjack forward L*) and, at a fork after about 300 yards, bear R on a sandy track, passing a large pond on your L.

The track becomes a path to a junction of tracks. (*A track comes in on your R from Hailglower Farm. Here you join the unwaymarked Land's End Trail and follow it to Bosulow Common then on to Lady Downs on the following stage*). Go forward through a hunting gate on a rough path on the Open Access land of Botallack Common. After about 100 yards, the path becomes a cleared horse track. Here go R to a path to Tregeseal Stone Circle at 38649/32391. **(2.81 miles)**

Tregeseal Stone Circle to Chûn Castle – 1.78 miles

Take a short path through the heather back to the rough and rutted cleared horse track and head uphill through heather, overall NE. At a fork after about 250 yards, continue L uphill, now fairly steeply, keeping Carn Kenidjack off to your L, and ignoring both a track going L up to the Carn and a later cross track. At a pair of gates at the end of the Open Access land (3.33 miles) go forward through the hunting gate to a rough grassy track downhill, hedge on L. After a while a track comes in on your R from Higher Boslow Farm. Continue forward on this track, and bear L after a while. *At this point, the Tinnerns Way probably continued forward on a now overgrown track, heading ENE across the S foot of Chun Downs, continuing straight to Trehyllys Farm and Bosulow Common, though there must have been a spur up to Chûn Castle, centre of the tin trade.* You should follow the farm track N through an (open) gate to a road to Trewellard and go R on this road to the road to Pendeen. *Note an ancient milestone on your L. (3.73 miles)*

Cross the road to a small CP and continue through a gap onto the Open Access land of Woon Gumpus Common. Bear R on a path for a few yards to a track. *From here you can clearly see Chûn Quoit on the horizon ahead.* Follow the track (*can often be very wet, but avoidable*) and old Tinnerns Way waymarks, ignoring a track bearing R after about 500 yards, eventually crossing a track coming in on your L from Higher Bodjewyan, continuing forward for 15 yards to a cattle stile (*permissive path WM*) to a field. (4.11 miles) Cross the field, slightly diagonally R, to a crude stile (*WM facing wrong direction*) to a cross track. Continue roughly NNE on a narrow rough path uphill through heather up to Chûn Quoit (*visible again ahead*) at 40225/33957. Head due E on a clear grassy track to the western entrance to Chûn Castle at 40467/33951. (4.59 miles)

Chûn Castle to Bosulow Common CP - 1.24 miles

Go through two entrances (*two crumbled walls*) into Chûn Castle. Cross NE to the inner wall. *From here take your bearing due NE, at first looking just R of Garden Mine engine house on Watch Croft, then looking to R of 2 tors on Carn Downs, with Ding Dong Mine engine house on the horizon a little to your R. This is essential, because you will be going through heavy scrub on a very narrow path, if you can find it, and you must end up at the correct point at the bottom of the hill. If, in extremity, you simply cannot find a way down on the correct route, you should be able to find a path from the S side of the Castle that heads down to Trehyllys Farm. From there you could either follow the RH hedge to find the gap by the gate or you could just follow the lane from the farm to the road at Bosulow Common.*

Scramble over the wall for a few yards then bear R to continue downhill, through sometimes impenetrable furze, to a crossing path at 40731/34121 at a destroyed WM. Go R for 25 yards then go L, with a gate to your L, through a gap onto a sunken path/track downhill between hedges, at 40709/34115. *At times, this path can be very wet and in places evasive action may be needed.* After passing a redundant crude stile with WM, *Bosulow Trehyllys iron age settlement is now in next 2 fields on your R.* Then go over a narrow cattle stile (WM) to a field. Follow the RH hedge to a narrow cattle stile (WM).

Continue forward uphill on Carn Downs on a rough path through scrub and, after about 100 yards, go through a hunting gate on your L. Following the same line as before, continue uphill through scrub to the R side of the tor then go R over a wooden stile back onto rough scrubby ground. Go L on a path downhill through scrub to a narrow cattle stile (WM). Continue forward and, after a while, go forward on a scrubby path between hedges through scrub and continue on the path for few yards to the road (*Penzance to Trevowhan*) opposite the drive to Dakota Farm. Go R on the road downhill, *surprisingly passing probable old Tinnerns Way WMs*, and passing on your R a lane (*signed Trehyllys, Great Bosulow and Chûn Castle*) and on to the Old Chapel on your R and Bosulow Common CP (*FP sign Men-an-Tol ½*) on your L at 41874/34426. (5.83 miles)