
Park: In the main Boscastle car park (rather expensive), entrance at 10004/91264, opposite the Cobweb Inn.

Getting there: From A39 Wadebridge to Camelford. At Valley Truckle, just before Camelford, shortly after a filling station on the R, go L and follow Boscastle signs by B3266.

Start from the entrance to the main Boscastle car park, entrance at 10004/91264, opposite Cobweb Inn.

Boscastle to Western Blackapit – 0.80 miles

Go L on the road. At the bottom cross the road. Either go straight down the N side of the River Valency, passing the Pilchard Palace; just before the Harbour Lights café, cross the FB and continue along the river past the little harbour. OR cross the bridge and go down the S side of river past the little harbour. There is an easier way on to the coast path (*from S side of river, look out for Coast Path WM*) but this route, though more difficult, offers much superior views of Penally Head and Meachard. The way becomes a little rocky just before the harbour. After it there are 8 steps up then more natural slate steps. At 750 yards you bear L up 2 steps, up 2 more steps then up a series of natural slate steps. At about 770 yards the view opens out to the mouth of the river, between Penally Head and Willapark, and to Meachard, a large rocky island. Continue up steeply, with 3 steps up, then continue up moderate past a bench on the L at 0.58 miles. Then 38 individual steps take you up to a gate on the R leading to NT Willapark and its Coastwatch lookout tower. The gate is at 0.64 miles at 210 feet. **(0.64 miles)**

Here, a detour up the steep path up to the Coastwatch tower would take you up to 320 feet and add about ¼ mile.

Do not take the Willapark gate but continue forward, through a gate ahead, and continue up on an initially narrow path. Shortly, looking back L, note Forrabury Stitches, a medieval field system; looking back, you can see as far as Cambeak and, looking L, note the tower of Forrabury Church; you will pass on the return leg. A little further on there is another gate up to Willapark by a less steep route. A few yards on you are looking down into Western Blackapit and across to Grower Gut and Grower Rock. The tower of Trevalga Church is now in view ahead R, as is Trevalga Manor. Continue up to 285 feet. **(0.80 miles)**

Western Blackapit to Trevalga

At 0.82 miles there are 6 steep slate steps down and the path continues down very steep. 35 more steps down lead to a wooden barrier at 0.84 miles, then it's downhill easy. At 0.89 miles, above Grower Gut, you are passing the remains of California Quarry slate works all around you and on the cliffs. Continue down to 170 feet at 0.96 miles, then up easy to 2 steps up to a wooden stile at 0.99 miles. The path soon becomes steeper. At 1.06 miles the open aspect disappears for a while with scrub between path and cliff. The climb eases off at 1.08 miles but continues up to 260 feet at 1.11 miles. You pass a seat with a view shortly before going through a wooden gate at 1.14 miles. Almost immediately there are some high slate steps vertically down. The path continues downhill and at 1.16 miles there are more steep slate steps before a total of 54 steps down to a small wooden FB and 2 more steps down before a wobbly wooden stile with some barbed wire. Continue down to a small wooden FB at Grower Gut at 140 feet at 08715/90696. **(1.21 miles)**

Continue on the path up through scrub, then there are 9 steps up at 1.23 miles. You continue up fairly steeply, (*beware barbed wire on R*) up to a wooden FB over marshy ground at 1.25 miles and out into an open field. Follow a clear path over the grass, uphill easy to moderate. *Looking R, you can see Willapark, Meachard, GCHQ and Cambeak.* Continue up to a curzeyway hedge and a sheep stile (3 steps up 6 steps down) over it, at 08389/90689 at 275 feet. **(1.41 miles)**

Down gently for a while then up again, heading towards Trevalga, passing a WM post at 1.55 miles and continue up to 295 feet at 1.58 miles. Down now through scrub and bracken and at 1.66 miles at 08137/90413, you could continue R to find Ladies Window (*if still there*), but for Trevalga go forward through a kissing gate by a wooden gate and on to a grassy track into the Trevalga Estate at 265 feet. **(1.67 miles)**

Ladies Window detour

To find Ladies Window, the remarkable hole in a vertical rock face, instead of turning through the gate to Trevalga, continue on the coast path towards Tintagel. You will find Ladies Window off to your right after about 0.78 miles. It is not easy to spot from either direction. To be sure of finding it, the approximate grid reference is 07884/90657