
Car Parking: Just beyond start point at the lych gate of St. Materiana's Church, Tintagel

Getting There: Follow B3267 towards Tintagel. Where the road does a sharp R bend at Tregatta, at about 05479/89506, go forward on a byway that leads directly to the church.

Start Point: Lych Gate of St. Materiana's Church at 05052/88426 at 340 feet.

St. Materiana's Church into Tintagel Village – 0.54 miles

From the lych gate of St. Materiana's Church at 05052/88426 follow a path along the wall of the churchyard NW towards Glebe Cliff, then NNE towards Tintagel Castle. After 70 yards, go R on a well made path from the car park. After ¼ mile a rough path descends steeply towards Tintagel Castle, with 18 steps down to where the path divides at 05155/88812. The path ahead leads to Tintagel Castle via a sheep stile. Ignore it and go R, passing another path towards the castle, and follow a WM R on a narrowish path between hedge on L and bank on R. At 620 yards you come to a crossing path at a WM post. Go L and shortly go round a gate and through what used to be a stile. Follow a narrow rocky path between hedges downhill to a wooden FB over a small stream. Cross and go R on a track uphill from castle to village. After 20 yards bear R, signed FP to Tintagel village. Follow this tarmac path uphill, becomes fairly steep. At the top pass Woottons Hotel on your R and turn R on the road. **(0.54 miles)**

Tintagel Village to Church Hill – 0.18 miles

Pass the Old Malt House pub on L and, immediately before the Cornishman Inn, go R down Vicarage Hill, signed *to Parish Church and Glebe Cliff*, with a very high stone wall on your L. At the bottom you pass Vicarage Cottage, the Vicarage and then the blue painted doors to Fontevreux Chapel. Continue up, noting (*in winter when vegetation has died back*) a massive grass-roofed dovecot in the Vicarage garden. Where the hill bends R and continues as Church Hill at 0.72 miles at 05455/88372, go forward over a hybrid cattle/wooden lift stile (FP) into a field. **(0.72 miles)**

Church Hill to the Coast Path – 0.72 miles

Follow a track for a few yards, bearing R up to a high cattle stile, by a wooden gate. Follow a grassy track, passing wooden stables on your R, into a long narrow field. Cross it to the far R corner to a hybrid sheep/wooden lift stile at 0.86 miles, to enter Two Acres smallholding. Follow the narrow fenced-off path with hedge to R, paddock to L, to a high slightly awkward wooden stile to another narrow fenced-off path with a paddock on L. At the end of the field follow round L to a hybrid cattle/sheep/wooden lift stile by an iron gate. **(0.97 miles)**

Follow a well-made track, bending R and passing white-painted Trevillick Cottage on the L and at 1.06 miles a track comes in on your R. Continue forward on track (*grass down centre*) (*byway WM*) following a sign 'to Coast Path', heading for another white-painted house. At 1.17 miles you come to another little settlement, the first cottage on R called Merlin's Cottage, now on a tarmac lane. After 100 yards or so, pass the last house on R, Atlantic Cottage, and continue to a cattle stile to L of a gate. Ignore direction sign and cross field to a gap. There is a high awkward cattle stile to the L of the gap but continue through the gap (WM) on a reasonably clear path slightly R across second field to a narrow cattle stile to open cliff-top land with hedge on L. *As you cross second field Gull Rock and Dennis Point come into view.* **(1.44 miles)**

Coast Path to Trebarwith Strand – 0.69 miles

Note the curzeyway hedge to your L, thrift covered in spring and summer. You join the Coast Path at a WM post at 1.47 miles at 345 feet, above Hole Beach. *You now follow the Coast Path to Trebarwith Strand.* At 1.52 miles cross a high cattle stile. Go R on track for about 50 yards then L down and up again. Pass Lanterdan Quarry at 1.58 miles (*note the isolated slate stack*). You pass a redundant cattle stile at 1.65 miles. Soon you encounter 3 steps up, and a rocky section. *On the L 5 steps up lead to a seat with a view of Trebarwith Strand, Dennis Head and Gull Rock.* At 355 feet the descent to Trebarwith Strand begins, rocky in places with 25 steps down. Near the bottom it is again rocky in places, then 6 more steps down to the road. Go R to waterfront. **(2.13 miles)**

Trebarwith Strand to Treknov – 0.49 miles

Follow the road uphill out of Trebarwith Strand, past houses on L, to the furthest car park. At the end of the CP, at 2.41 miles at 05208/86403, go L into the CP then R into open ground. A faint path is visible, heading up the LH side of the valley. There is no FP sign or WM but it turns out to be a Gold Path through scrub. Follow it uphill, over a high slate step-stile at 2.51 miles, then shortly cross a tiny stream and up 3 steps to a wooden stile (WM). Continue up on a good path through scrub and scrubby woodland to a high wooden stile at 2.57 miles. By a redundant stile by a path heading R to the lower end of Treknov, follow WM straight ahead up 8 steps to a field. Follow a clear path ahead towards a row of cottages to a wooden gate by a galvanised gate. (2.62 miles)

Treknov to the Coast Path – 0.50 miles

Go through the gate and go R on a tarmac lane, still uphill (*long views looking back*). At the top of the hill, with Parwin Cottage on your R, go R then L on to the road through Treknov. The hill has eased off by the time you pass Atlantic View Hotel on your L. Soon you come to a small triangular green, where a track comes in from back left from Trebarwith Strand. At the end of the green, at 2.87 miles, go L on a tarmac lane, passing Penallick B&B on your R. The tarmac ends and you continue forward on a reasonably well-made track east towards the coast. After about 70 yards the track narrows and becomes grassy between hedges, fields to either side. Continue to the Coast Path. (3.12 miles)

Coast Path back to St. Materiana's Church – 1.21 miles

Route back to the church is by the coast path. The route undulates along the clifftop with a number of stiles. There is a high cattle stile at 3.19 miles. At 3.35 miles you pass on the R the path from Trevillick, used earlier, Hole Beach on L. There is another high cattle stile at 3.49 miles and two high wooden stiles before rock steps down to a kissing gate at 3.57 miles. At 3.66 miles a seat has great views across the bay. Just after another kissing gate at 3.80 miles, *note remains of what appears to have been a vaccary wall.* After a vast slate spoil heap you pass Lambshouse youth hostel at 3.97 miles. *At the top of the subsequent easy climb there is a fine view forward to Tintagel Island.* Leave the coast path at 4.07 miles and follow a clear path towards church and your start point. (4.33 miles)