

Coastal Round Walk 29 – Polkerris, Readymoney Cove, Saints Way – 6.59 miles

Route Directions – Full GPS Version

Polkerris Beach to Readymoney Cove - on the Coast Path – 4.39 miles

Start from Polkerris beach and harbour at 092/521.

Leave the Polkadot café to your R and follow the coast path, past the toilets, steeply up through woodland carpeted with wild garlic, with 29 steps up, then into the open at 150 feet. The path continues to climb, in fields, to 200 feet. It then undulates down to around 50 feet before climbing again past Little Gribbin to 210 feet. Then, after undulating to 140 feet, it climbs easily to the daymark on Gribbin Head at 098/497 at 260 feet.

You now descend fairly steeply to a hunting gate and undulate until you reach duckboards at the first of the two coves at Polridmouth. *Here a track goes off L up to Menabilly Barton and a small CP.* Continue to the back of the second cove and cross a stream on stepping stones at 103/505. *At the far side of the beach a path heads off L to the National Trust's Coombe Farm and a CP.* There is now a climb, steepish in places and with a number of steps, up to Lankelly Cliff and Southground Cliffs, before winding your way down to Coombe Haven, at 113/508, on the National Trust's Coombe estate. *Here another path goes off L to the NT's Coombe Farm.*

From here the path is easy, climbing gradually only to 150 feet before dropping steadily down towards Readymoney Cove. At 118/509 you pass a path on your right down to Catherine's Castle (*worth a look*). There is then a steepish bit, rocky in places, down to a lane to Readymoney Cove at 117/510 at 4.39 miles

Readymoney Cove to Polkerris, mostly by the Saints Way - 2.20 miles

Return on the lane to a Coast Path and Saints Way (SW) sign. Follow SW sign, uphill fairly steeply on a mostly rocky surface on a sunken track (Love Lane) through woodland. At about 115/512 at 120 feet a path goes L up steps to NT Coombe Farm. Here there is a SW WM (*Tregaminion*). Continue up through woods, now moderate, then easy, but fairly stony, to a WM at 113/514, and on up to 113/515 (*on NT Love Lane estate*) to a T. Here go L on the road up to another T at Coombe Lane at 110/515 at 225 feet at 0.54 miles. Go R on Coombe Lane, following SW sign downhill easy on road, down to 200 feet. At a T ahead on Prickly Post Lane, continue for 25 yards to Lankelly Farm at 220 feet.

Go L on a path, following a SW sign, beside Lankelly Farm, then immediately keep L of tall leylandii hedge, on a path between wire fence and hedge, downhill easily. At the end of the farm garden, go through a gate, downhill on a track with a pig field on your L. Continue to stepping stones over a stream at 109/519 at 150 feet. Cross the stream and go through a narrow kissing gate. Now follow a WM L, under a bridge, and continue up on a deeply sunken track, which becomes steep uphill through woodland (*could be very muddy*), up to a sheep stile (SW WM) at 108/518. Here the path continues up moderate up to 107/518 at 250 feet at 1.10 miles.

Now it's downhill easily, wire fence on L, hedge on R, to a kissing gate (WM) at 103/520 at 175 feet at 1.31 miles. The path continues up easily, then moderate, past Trenant on L, crossing a driveway at 103/520, and continues easily up to a sheep stile (WM) to a field. Continue uphill, following the LH hedge on a grassy track up to about 230 feet at 101/519 (*here Tregaminion appears ahead*) Downhill moderate, becomes steepish to a wooden gate at 100/519, continues down steeply, with 76 steps down, to a FB over a small stream at 100/520 at 145 feet at 1.56 miles. A level path, with field fence on R, continues down to 140 feet and up to 155 feet. Now it's down again to a kissing gate (WM), then 4 steps down, and on to a FB, 2 steps up, at 098/520 at 150 feet at 1.71 miles. Continue uphill moderate on a fenced-off path through a paddock up to Tregaminion. Go through a galvanised gate (SW WM) and across a yard to a second gate (SW sign). Bear R on a track, and continue up to Tregaminion farmhouse (*B&B*) at 097/519 at 175 feet at 1.81 miles.

Track bears L up to a T with a road by the gate to Tregaminion church at 095/519 at 225 feet at 1.88 miles. (*SW WM Polmear 1½, Fowey 2½*) Go R on the road downhill for about 150 yards, to a FP sign on your L at 095/520 at 200 feet at 1.95 miles. *Here you leave the Saints Way.* Go L through an iron gate to a field, and follow a track uphill across the centre of the field up to 210 feet. Downhill easily now to where paths fork, and continue forward to a Coast Path WM at 094/520, and downhill into woods. Follow a WM R, downhill steeply down through garlic woodland, zigzagging down, with 29 steps. Go L at a Coast Path WM, and continue down steeply. Go L at a fork (*toilets sign*) down to the beach at Polkerris at 2.20 miles.

Distances in the directions text are cumulative. A simpler version of these route directions, without the GPS data, is also available. Return to the walk page and click for it.