

Coastal Round Walk 12 – Sennen Cove, Chapel Carn Brea, Gwynver - 8.06 miles

Route Directions – Full GPS Version

Sennen Cove Roundhouse to Chapel Carn Brea – 3.60 miles

Start from Roundhouse above harbour at 35085/26309. Go inland uphill steeply on lane, path and lane to Maria's Lane, opposite Pol-an-Dre. L on Maria's Lane to road. R uphill on footway to 35933/26298 at 0.58 miles by CP entrance. Over wooden stile to field and R to wooden stile at 36126/26256 at 0.71 miles. L on tarmac path over Mayon Green down to 2 FBs, then up over Escalls Green to lane at 36266/26618 at 0.98 miles. R on lane 30 yards, L (FP) up dead end lane. Cross wooden stile (*no WM*) to field at 36318/26678 at 1.04 miles. Follow RH hedge to gap to next field at 36371/23614 at 1.14 miles. Head just L of gate, to crude sheep stile at 36455/26938 at 1.23 miles. R (WM) on green lane to Escalls at 36603/26993 at 1.34 miles. Cross open area, bear L (*WM hidden*) to gate (*Wellfield*). Through gate to FP sign, keep L of bungalow, through gate, cross field (*Trevedra in view ahead*) to cattle stile (WM) at 36678/27710 at 1.45 miles. R on lane for 100 yards or so, L on lane (*signed Tregiffian*) for about 50 yards then R over crude stile (FP) to field. Cross NNE (*bull harmless*), over crude stile to next field, on to stile by gate to Trevedra at 36943/27339 at 1.67 miles. Cross yard, pass farmhouse on L to gap (WM) at 36971/27447 at 1.71 miles. Diagonally across 2 caravan site fields to gap at far corner. RH hedge to crude stile at 36907/27635 at 1.85 miles (WM) to field. Follow RH fence towards Tregiffian. At 36852/27904 at 2.04 miles R over wooden stile (WM), cross field (*ignore concrete stile*), go R to follow LH fence and hedge down to gap (*or gate*), up to next field at 37177/27835 at 2.26 miles. Bear R uphill for Tregiffian Chambered Tomb, continue along LH fence to stile to next field (WM) at 37435/27692 at 2.46 miles. RH hedge to gate (WM) to next field at 37564/27609 at 2.55 miles. LH fence to stile (WM) to Higher Tregiffian farmyard at 37632/27559 at 2.60 miles. Cross yard, through gate to lane to Lands End-St. Just road at 37774/27431 at 2.71 miles. L on road (*with care*) to track to Kerrow Farm at 37939/27642 at 2.85 miles. R on track to just before Kerrow Farm and, at 38173/27746 at 3.03 miles, R (FP sign) up 2 steps to field. LH hedge to gap to grassy track at 38500/27672 at 3.24 miles. L uphill to 2 steps on L to hunting gate at 38549/27771 at 3.31 miles. Through the gate, onto Chapel Carn Brea Open Access land, on rough path for 170 yards. R uphill, on clear path winding through heather and furze scrub, bearing L at fork, to toposcope and cairn at summit of Chapel Carn Brea at 38597/28065 at 655 feet at 3.60 miles.

Chapel Carn Brea to Gurland – 2.17 miles

Retrace steps to Kerrow. Cross track to FP sign to field. Cross to crude step stile to next field. Cross to gate to road at 37938/27961 at 4.40 miles. R on road 50 yards, L on track (*sign FP*) into Brea. Pass Avalon on R and at WM on L go R, barn on L, to gate to field. RH hedge to cattle stile to next field at 37804/28189 at 4.58 miles. RH hedge to gate (WM) to Brea Vean. Cross yard to track at 37677/28324 at 4.70 miles, lane to RH bend at 37637/28384 at 4.75 miles. Through gate (WM), cross field to sheep stile (WM) at 37621/28498 at 4.82 miles. Narrow path between hedges 45 yards into field (WM). LH hedge through 2 fields to crude stile to Airfield at 37371/28757 at 5.05 miles. Follow WM along LH hedge, turning R and L, then along path between fences, over wooden stile (WM) (*Gurland visible ahead*) to track which bears R to road at 36983/28984 at 5.39 miles. Go L on road downhill. At second R bend, L kissing gate to field. Continue down, on Nanquidno Downs Open Access land, to gate to farm track at 36585/28731 at 5.66 miles. L track uphill fairly steeply towards Gurland to 36534/28583 at 5.77 miles, where the track continues R uphill to Gurland.

Gurland to Sennen Cove – 2.29 miles

Crude stile (WM) to field. Uphill to cattle stile to next field at 36564/28486 at 5.82 miles. Cross to cattle stile to next field at 36596/28378 at 5.90 miles. Cross to RH corner to gate to next field at 36616/28186 at 6.03 miles. RH fence on clear track, past Tregiffian on L (*views over Whitesand Bay begin*) to lane (WM) at 36717/27901 at 6.22 miles. R on lane, bends R/L, continues S. At 36571/27513 at 6.52 miles, pass path on R to Gwynver Beach and small CP on L. At 36606/27243 at 6.70 miles, R on track, passing Kingsfield on R. After cottage on L, path through scrubby land. *View over Gwynver Beach to Aire Point, Maen Dower, Brisons.* At fork at 36328/27171 at 6.89 miles, bear R towards cliffs 100 yards. At 36256/27204 at 6.94 miles bear R 40 yards, bear L along Escalls Cliff. *View ahead over Whitesand Bay to Sennen Cove, Pedn-mên-du, Longships.* At fork at 36215/27224 at 7.00 miles keep L uphill. At 36189/27114 at 7.06 miles, at next fork, bear R down for 20 yards, then bear L uphill along cliff. Narrow path undulates on through scrub. At 36156/26979 at 7.15 miles, descent towards Whitesand Bay beach starts easy, becomes steep, narrow rocky uneven muddy path. Down 4 steps into open at 36051/26774 at 7.30 miles. Go R on grass, black boarded chalets on R, down to Coast Path. R for 15 yards and, just before WWII gun emplacement, at 35975/26802 at 7.37 miles, turn L, down 38 sandy steps to beach at 35940/26796 at 7.39 miles. Cross beach towards Sennen Cove. At 35000/26357 at 7.79 miles, go up 2nd ramp to road by Old Success Inn and go R on road to Roundhouse at 35085/26313 at 8.06 miles. *At high tide you may need to follow the Coast Path into Sennen Cove.*

A Longer Alternative - Starting from Land's End - Total walk 10.50 miles

Land's End to Sennen: Leave CP along N side of A30. Immediate L on signed cycle track, becomes Maria's Lane. Follow it to join described route at 35438/26171. **Sennen Cove to Land's End:** Pass Roundhouse, through harbour CP, past toilets. L steepish ascent on the coast path, flights of 32 and 54 steps up to old Watch House on Pedn-mên-du. Route obvious but do include Dr. Syntax's Head, most westerly point of Cornwall and, some would say, of England.

Distances in the directions text are cumulative. A simpler version of these route directions, without the GPS data, is also available. Return to the walk page and click for it.