

Coastal Round Walk 08 – Portreath, Tehidy, North Cliffs and Portreath - 6.81 miles

Route Directions – Full GPS Version

Portreath to North Cliffs – Mining Trails (Multi-use tracks) and farmland to the coast – 3.96 miles

Start at entrance of the car park above Portreath beach at 65415/45288. Follow Beach Road east, past toilets, for 100 yards. Go R down a narrow tarmac path, over a small bridge and L on Treglea Terrace to the end at 65689/45213 at 0.19 miles. Go forward on Railway Terrace, under the Portreath Incline bridge and continue on Glenfeadon Terrace to MT fingerpost on L (*Illogan 1^{3/4}*) at 65973/45207 at 0.37 miles. Go R on Primrose Terrace uphill. After 50 yards fork R, at 65941/45190 at 0.40 miles, on a metalled path, signed Mining Trail, uphill fairly steeply through woodland. *Near the top, at 65820/44926 at 0.57 miles, pass on your R the restored Feadon Farm pond (storyboard).* The track winds up to and through Feadon Farm. At the T at top of the concrete track, below Gwel an Mor, where Portreath Branchline goes R (*but there is no sign*), at 65840/44822 at 0.66 miles, go L (*FP sign*) on a rough track. At 65885/44844 at 0.69 miles, by Feadon Farmhouse, go R (*FP sign*) on a wide track uphill between high hedges. At the cross track at 65934/44598, with MT fingerposts (*L Illogan 1, R Portreath 1*), continue forward SSE on the Tehidy Trail (*MT Tehidy 1^{1/2}*), which continues uphill gently between high hedges up to 275 feet and down gently to cross the Portreath-Illogan road.

Follow the MT fingerpost (*Coombe 2^{1/4}*) at 65799/44041 at 1.26 miles, through the LH side of Tehidy Park East Lodge car park, passing Tehidy Country Park storyboard. A clear track continues all the way from here to Coombe hamlet. At 65686/43869 at 1.38 miles, pass fingerposts (*Cornish Way cycleway*). At 65630/43859 1.42 miles, a golf course is on your L, you are now on Pine Walk. Continue gently uphill to 64814/43659 at 265 feet at 1.92 miles and at the fork bear L (WM) downhill. At 64830/43594 at 1.96 miles, at a cross track (*Here you could take a detour L to lakes, a visitor centre and a café, adding about 1/2 mile, depending on paths chosen*), go R (*fingerpost Coombe 1^{1/4}*). Continue gently uphill, passing a private estate on your L. At a cross track at 64222/43224 at 2.34 miles, go L (*Otter Bridge 200 yards, Kennels, Coombe 1 mile*), downhill. At a T at 64216/43247 at 2.46 miles, go R (*fingerpost Coombe 3/4*). (*At this point, the detour to the lakes rejoins from L*) The track now undulates, eventually leaving the woods, to the road at Coombe at 62984/42476 at 90 feet at 3.36 miles. (*MT fingerpost back, Portreath 3 miles*)

Go R on the road uphill, passing houses on your L, for 200 yards. At 62813/42470 at 3.40 miles, just after Coombe Cottage, go R through a gap by a stile (*no FP sign*), on a path uphill between high hedges. Cross one farm track, go through a damaged kissing gate, and cross another farm track to reach a cattle stile (*FP sign*) to the Portreath to Hayle road at 62574/43064 at 3.90 miles. Cross the road to a short track, through the small free NT car park, to the Coast Path at North Cliffs at 62576/43165 at 285 feet at 3.96 miles.

North Cliffs to Portreath – 2.85 miles

Go R on the Coast Path, through heather scrub. At 62674/43201 at 4.03 miles, go through a kissing gate on to the open grassland of Reskajeage Downs. The path rises very gradually to another kissing gate at 62331/43705 at 300 feet at 4.57 miles, then down through a third kissing gate to Basset's Cove car park at 63855/44046 at 5.00 miles. It continues down to 220 feet then up, crossing a wooden stile at 63877/44182 at 5.11 miles, and on up to 270 feet at 63988/44406 at 5.28 miles, above Porththeadjack Cove. A steepish descent takes you down to a footbridge at 62140/44566 at 160 feet at 5.43 miles. A steep ascent, with 42 steps, rises to 230 feet. Now it's fairly steeply down again, with 51 steps, to another footbridge at 64247/44777 at 100 feet at 5.60 miles.

You now climb fairly steeply up to Carvannel Downs, with 37 steps up, to 64337/45039 at 260 feet at 5.87 miles. A fairly level grassy route then takes you to a kissing gate behind Western Cove at 64678/45148 at 6.11 miles. Heading down Western Hill, at 64755/45263 at 6.19 miles, you could fork R for the short route down to Portreath. But continue L on the Coast Path (*beware crumbly cliffs*) to the headland at 64759/45389 at 6.28 miles for some great views in both directions. Now follow the Coast Path R down to Portreath. The descent becomes steepish, with 51 steps down, to a kissing gate at 65038/45264 at 6.56 miles. Follow a sunken path to cross a small CP, go L down a slipway to the beach. Cross the back of the beach, over a small stream on stepping stones, and go up 21 steps up to a seating area and the car park at 65415/45288 at 6.81 miles.

Distances in the directions text are cumulative. A simpler version of these route directions, without the GPS data, is also available. Return to the walk page and click for it.