

Clay Trails – The Goss Moor Link - Goss Moor to Bugle, for Walkers - 6.09 miles

Route Directions

Start from the small car park near the railway level crossing at 96094/60982. Cross the Tregoss road to the tarmac cycle path, heading E, and follow it for about 100 yards. Go R & L through a barrier on a cycle track. *After about 500 yards a path (WM) goes R, heading for Tregoss, L for Belowda.* At 0.99 miles go through a barrier to the road. Go R on the footway, under the Iron Bridge and, immediately after, at 1.06 miles go R over a galvanised gate (*padlocked but only to prevent horse access*) on to a track roughly ESE across the moorland of Tregoss Common.

Follow the track, under power lines, (*view S of Clay Country*), the track becomes grassy. At about 1.38 miles, by a CP (Goss Moor storyboard), a cycle track heads roughly SSW, parallel to the edge of the moorland. *At 97798/60583 at 1.68 miles, pass a cycle track heading roughly W to Moor View Cottage and Tregoss.* At 97784/60531 at 1.72 miles the track ceases at a hunting gate on L (*to an overgrown bridleway, supposed to be part of a cycle trail*). Continue forward on a grassy track just W of S along the moor edge. Finally go through a kissing gate and on 15 yards to a road (Roche to Tregoss) at 97715/60255. **(1.90 miles)**

Cross the road, go through a kissing gate, and continue just W of S on very rough path through rough scrubby land. At the end go through a gate, and on 10 yards to the Roche - Nanpean road at 2.17 miles. Go R on the road for about 250 yards. At 2.32 miles, go L SE on a farm lane, with the infant River Fal (*very red*) on your R, passing Gilley Mill Farm on your R. At another house on L at 2.48 miles, ignore a path shown on OS and continue SE on grassy track and under power lines. At 2.68 miles, at a fork, bear L past a WM, continue on narrow sunken grassy track between high hedges. Just before a galvanised gate, at 2.83 miles, go L over a cattle and wooden lift stile into a field. Follow the RH hedge for 40 yards and go over a crude stile at 2.87 miles to next field. Cross diagonally, under power lines to the far corner at 2.99 miles. Go through a galvanised gate to the next field. Go R following the RH hedge, into Trerank farm yard, pass cow barns on L. At the end of the yard, with the house on your R, bear L to an open gate at 3.16 miles to a farm track (Roche church in view) to Roche Church. At 3.47 miles go L over a cattle stile into the churchyard and continue to the road. (*The Rock Inn is diagonally L*). **(3.51 miles)**

Cross the road and follow the footway towards Bugle, passing toilets on L, for about 300 yards. Go R over a cattle stile (FP) at 3.69 miles (*note Roche Rock storyboard*) to Roche Rock at 3.80 miles. Retrace your steps for about 70 yards to go R and R downhill on a path through bracken SE towards clay spoil hills. At 4.01 miles go over a cattle stile to a field and follow the RH hedge, then go through a galvanised gate at 4.07 miles to the next field. Follow the RH hedge, under power lines, to a kissing gate at 4.10 miles to a FP. Go L on a grassy track between high hedges and at 4.18 miles go through a galvanised gate. The track continues down to Hendra at 4.21 miles. Continue to a T at 4.26 miles and go L, roughly NE, on a wide track to a WM at 4.36 miles. Go R on a narrow path, through scrub and scrubby woodland, over a clapper over a small stream, and on to the Roche-Bugle road. **(4.42 miles)**

Go R downhill on the road to 4.56 miles, where a lane comes in on the L. Go R on a wide track (*FP Middle Woon*) for about 150 yards to 4.63 miles. Go L (WM) over a lift stile/sheep stile to a field. Follow the LH hedge to a cattle/lift stile at 4.66 miles, to the next field. Follow the LH hedge to a tall sheep stile at 4.68 miles. Follow the fence on the R through woodland to a gate to a field at 4.77 miles. Follow the LH hedge to a gap to a long narrow field at 4.84 miles. Follow the LH hedge, with a house on your L, and through a gate at 4.95 miles. Go L on a track, through a galvanised gate, past a cottage on your L, to the Roche – Bugle road. **(4.97 miles)**

Cross to a lane signed Rosemellyn and follow it for a few yards. Bear R (FP) on a wide track (*posts Rosemellyn Pools*), formerly a railway. At the entrance to Rosemellyn Cottage on the L at 5.22 miles, the track ends and a path continues through scrub and woodland, stream on R, to a WM at 5.34 miles. Go R up steps, over a wooden FB and over a wooden stile, then follow a WM L to a wooden stile to a field. Follow the RH hedge to a wooden stile at 5.41 miles to a green lane. Follow a WM L on the green lane to a track at 5.51 miles. Pass a house on R, then a bungalow on L, bear R on a track, passing Meadow Farm on your R, past houses, to shortly before a bridge. Here, at 5.70 miles go R (FP) between a fence and a high hedge, park homes on your L, then through a gap at 5.89 miles. The path becomes a track to the road at 5.95 miles. Go L on a footway, under a bridge, to traffic lights by the Bugle Inn. **(6.09 miles)**

If continuing to Clay Trail to Eden project, cross to the road to Penwithick and continue for ½ mile to the trail CP on the L. The trail to Eden is then 4.58 miles, making a total distance of 10.67 miles.