
Useful Information

Parking: Roadside parking by the church in St. Breward Churchtown and roadside on the open access land a little N of Churchtown. Or ask at Old Inn if you will be returning to eat there.

Intermediate Parking: Close to Stannon Stone Circle.

Getting There: Simplest to follow St. Breward sign from the B3266 Washaway to Camelford road. You will come first to suggested parking places.

Transport: Western Greyhound bus 561 links Boscastle, Camelford, St. Breward, Wadebridge, Bodmin.

Refreshments: St. Breward, Old Inn (food all day).

Toilets: Only at the Old Inn, St. Breward.

Route Directions

St. Breward to White Meadows – 1.55 miles

Start at the lane to the church at 09704/77332. *The overall direction for first ¾ mile is roughly NE.*

Follow the FP sign along the lane past the church for 65 yards. Where the trees begin, go L over a high cattle stile into a field. Follow the LH hedge to a cattle stile by a gate to a second field. Bear just slightly L to a cattle stile by a gate to a third field. *Roughtor and Brown Willy are now in view half R; they remain in view much of the time until you leave Stannon Circle.* Cross to the LH corner to a cattle stile (WM) by a gate to a fourth long field. Follow the RH hedge and then a clear path diagonally towards the far corner to a high cattle stile (WM) to a fifth field. Don't follow the WM (*Moorland Walk*) but head for the projecting RH hedge and continue NE to a gap to a sixth small field. Continue to a cattle stile (FP) to a lane. **(0.59 miles)**

Go R on the lane, winding downhill, passing Treswallock Farm (*see Interest*) on your L. The lane continues down, passing Treswallock Cottage on your L, to a culvert over a stream. *Here you could take the FP on your L over a cattle stile to cut off a corner but you would miss views to Treswallock Downs, where you will be in a while.* The lane now winds uphill, passing Mellon Farm on your L and, with Treswallock Downs to your R, continue to a T at 1.06 miles. Go L on a lane to another T (*L goes to Shallow Bridge*) at 1.27 miles. Go R for 15 yards to a FP sign (*only visible from other side*) just before the drive to White Meadows. Go R through a galvanised gate into a field. Roughly follow the LH hedge in an ESE direction (*field is boggy to your R*), crossing a collapsed cattle stile through a fence line, and passing eventually White Meadows (*not shown on OS109*) on your L, to a banked paddock area and to a galvanised gate to the Open Access land of Treswallock Downs **(1.55 miles)**

White Meadows to Stannon Stone Circle – 2.48 miles

Go L on Treswallock Downs, heading uphill, roughly NNE, to reach the summit of Alex Tor at 11846/78732 at 980 feet. **(2.19 miles)**

Views from the summit include the North Coast, Delabole Wind Farm, Davidstow Creamery, Roughtor and Brown Willy, and Clay Country.

On the way up to Alex Tor you may like to spot, amongst many other stones:

At 11703/78521 a curving line of massive rocks on their sides, with a leaning standing stone, possibly a medieval boundary stone, at 11718/78526 just to the S of eastern stone.

At 11747/78566 at 895 feet, a standing stone with a possible hut circle nearby.

At 11909/78597 at 925 feet a probable cairn with a tall standing stone.

At 11894/78643 at 930 feet a massive flat rectangular slab, which looks like it could have been a quoit capstone.

At 11826/78734 a massive cairn on the summit of Alex Tor.

Now head downhill roughly NE to the track from Shallow Bridge to Fernacre. Go R following the track towards Fernacre, passing Camperdown Farm entrance, to Middlemoor Cornish Cross, a very simple one, at 12511/79301. Continue on the track, across the southern end of Louden Hill, to a fallen standing stone on your R at 12944/79459. Continue to Louden Hill Stone Circle, 100 yards to your R at 13212/79474. Note a triangular standing stone at the E side of circle, which could have been a medieval boundary stone.

Now cross the track and head roughly NW across Louden Hill, heading for the western end of the lower of the two massive Stannon China Clay spoil heaps. You should find a useful faint grassy track made by farm vehicles, which heads in the right direction. You should also be able to see the stones from quite a distance. On the way to them you encounter what seems to be a stone alignment between two flattened cairns and more standing stones off to the right, the tallest at 12720/79924. You come to Stannon Stone Circle at 12584/80004 (**4.03 miles**)

Stannon Stone Circle to St. Breward Churchtown – 2.88 miles

Continue past the circle, and past another probable cairn, to a track. Go L on the track, passing on the R the entrance to Stannon House, formerly the entrance to Stannon China Clay Pit. The track now becomes a tarmac lane, crossing the northern edge of Harpur's Downs. Follow the line of the lane, passing the entrance to Heneward, to a grassy triangle. Keep L to the next turning on the R and a WM post (**4.88 miles**)

Follow the WM L across the Open Access land of Harpur's Downs, *marshy below to your L*, to a high wooden stile (WM) to a field. Cross, uphill then down, to the far L corner to a modern sheep stile with a wooden bar on top to a second field. Follow the LH hedge to a wooden stile, a cattle stile and another wooden stile to a third field. Follow the LH hedge to a wooden stile to a tiny fourth field. Cross to a wooden stile (WM) and a damaged cattle stile to a path into woodland. Continue down to a wooden stile and a sheep stile down to a track to Newton. (**5.46 miles**)

Cross the track to a ladder stile topped by a wooden stile (WM) to a field. Cross to a crude stile, topped by a wood and wire barrier (WM), to a second long field. Follow the LH hedge, *Corgelly Farm above to your L*, to a cattle stile with a wooden bar on top to a spinney and on to a lane. (**5.81 miles**) Go L on the lane downhill to a T. Keep R on the lane, woodland on your R, scrubby land above on your L, down then up to the top. Go L up a bank to a cattle stile and a wooden stile (WM) to a field. Continue roughly S uphill to the far L corner to a high wooden stile (WM) and a cattle stile to a lane. (**6.29 miles**)

Cross the lane to a high cattle stile and a wooden stile (FP sign) (*total height about 7 feet!*) to a scrubby field. Go forward uphill and over a filled-in coffin stile (WM) in a hedge to a second field. Follow the RH hedge, bearing slightly L to the bottom L corner and a high cattle stile (WM) to a third field. *At this point you are now on the route that you took out from St. Breward.* Go diagonally to the far L corner to a high cattle stile (WM) by a metal gate to a fourth field. Cross slightly diagonally R to a high cattle stile by a galvanised gate to a fifth field. Cross to a cattle stile by another galvanised gate to a sixth field. Cross to a high cattle stile by a wooden gate to a lane. Go R on the lane, passing St. Breward church on your R to your start point, with the Old Inn to your L. (**6.91 miles**)