
Useful Information

Parking: At Temple Fishery, ask and pay a small fee. Failing which, use A30 Temple CP as in Walk A30 02.

Intermediate Parking: Very little possible but maybe on Metherin Downs near T junction and cattle grid. At Delford Bridge, there is some roadside space nearby.

Getting There: 6 miles E of Bodmin, go R signed Temple and continue on lane to Temple Fishery on L.

Transport: None known.

Refreshments: Sheila's Snacks in Temple CP, westbound side of A30.

Toilets: Only at Sheila's Snack above, but for customers only.

Route Directions

Temple Fishery Car Park to Bradford Bridge - 2.93 miles

Start from the CP entrance at 13746/72997.

You might be tempted to try to park N of the A30 to avoid the awkward crossing of the busy A30. Don't because there are banks on either side of the road across Manor Common.

Go L on the lane towards Temple, uphill for ¼ mile to a turning on L. Go over a cattle grid and L uphill on the lane. View back L of Glynn Valley China Clay Works and St. Bellarmin's Tor (Walk A30 02). Near the top note the fishing lakes below L. Shortly after the top, note Temple Tor on R, then the site of a **medieval farmstead** on R. It's downhill now to A30. Cross this with great care, and go over a cattle grid onto Open Access Manor Common (**0.60 miles**).

*Note a *boundary stone just before the cattle grid, on your L. Continue roughly NNW, at first alongside the lane, over fairly well grazed Open Access land. Roughtor is in view ahead. In due course Hawk's Tor Farm will come into view, head slightly L of it, to reach the farm track (**1.46 miles**) Continue NNW uphill over well grazed ground to reach the **Trippet Stones** circle on level ground. The centre boundary stone is at 13112/75023. View E to Hawk's Tor and Farm, N to Roughtor and Brown Willy, NW to Carbilly Tor, SW to Clay Country.*

**Should you have a particular interest in boundary stones (there is one to the L of the cattle grid and another on the other side of the A30) keep to the W of the lane, heading roughly NNW and you will find another five boundary stones, the last at the lane to Carbaglet. Two may be old superseded stones. For the Trippet Stones, then follow the lane E to cross the lane to Bradford, and stay a little N of the track to Hawk's Tor Farm.*

From the Trippet Stones, continue NW, still on well grazed grass, with Carbilly Tor Cheesewring clearly visible on LH downslope of Carbilly Tor, heading to Carbilly Tor itself, passing another boundary stone (C, N), and a well made stony track, to find a gate. Continue up NW, the Cheesewring comes into view again, note an odd pair of standing stones to your L, one old, the other more recently quarried (were these once used as gateposts?) at 12719/75355. Now continue uphill to the **Cheesewring** at 12567/75426. (**2.06 miles**)

*Near the Cheesewring note quarry building ruins, including a chimney. From here OS map 109 shows a path through Carbilly to Bradford but it is un-waymarked, almost impossible to follow and is blocked at the Bradford end. So head downhill for a few yards and go L on a track below the Cheesewring, through a couple of gates, to the lane to Bradford (Open Access land ends) and go R on it for about ¼ mile into Bradford and go R to the impressive **clapper bridge**, at 11949/75425, a very pleasant place for a refreshment break with fine photographic possibilities. (**2.93 miles**)*

Bradford Bridge to Delford Bridge – 0.55 miles

Continue on the lane, cross a cattle grid (*no FP sign*), and head up the Bradford Farm track. At the top go L (WM) to a galvanised gate. Before it, go L for 10 yards to a high cattle stile to a field. Follow the RH hedge over 4 more cattle stiles to Open Access land. (*No FP sign*) Continue for 10 yards to a footbridge and bear L across well grazed grass downhill to **Delford Bridge**. (3.48 miles)

Delford Bridge to Metherin Downs – 1.06 miles

Cross the bridge and continue S on the lane for about 130 yards. Bear L uphill, roughly SE over the well grazed Open Access land of Kerrow Downs. on a grassy track used by farm vehicles. The track continues to a LH hedge (*note the remains of a stone structure where the hedge begins*) and follows it uphill, heading roughly SSE. *Now Rough Tor and Brown Willy are in view L, Carbilly Tor forward L.* At the top, at 790 feet, you will see to your R what appears to be a Stone Row, but is actually the N side of a prehistoric enclosure, just off to the R at 11631/75130. *There are several cairns off to the W of it.* From the centre of the enclosure, a grassy track continues roughly due S to reach the lane from Bradford to Blisland, now on Metherin Downs. *Views soon open out ahead to Trehudreth Downs, and half R to Clay Country.* Cross the lane and follow its line, signed Metherin, heading roughly S, to a T junction, where a lane goes L to Carbaglet and Treswigga. (Open Access land ends) (4.54 miles)

Metherin Downs to Trehudreth Downs – 1.33 miles

Cross a cattle grid and take the narrow lane, signed Metherin and Blisland, downhill SSW between high hedges, passing a turning on L to Metherin. Pass Homer's Kestle on R shortly before a bridge over a stream at the bottom. Continue uphill, between wooded high hedges, then downhill to Ebenezer Bible Christian Chapel on R. (5.08 miles) *OS109 says there is a cattle grid but it is no longer there.*

Go L on a track (*no FP or WM*) between high wooded hedges, becomes a concrete track after a while, downhill towards Durfold, to a bridge over a stream. Continue uphill on the concrete track through woods, and through two open wooden gates, to attractive **Durfold**. Immediately after the house, go R through a wooden gate (*no WM*) to a field. Head SSE to two gaps near the RH corner. Go through the LH gap to a second field and follow the RH hedge to a wooden stile and a clapper bridge over a small stream, up a bank and over another stile to a third field. Follow RH hedge uphill to a stile and a wooden gate on R. (5.69 miles).

Do not go R towards Poldue but go L to follow the RH hedge to a 3 bar stile (*beware barbed wire*) and a step stile with a wooden barrier on top to the drive to Wallhouse. Go R on the concrete drive up to a gate and a cattle grid to the Open Access land of Trehudreth Downs. (5.87 miles)

Trehudreth Downs to Temple Fishery – 1.95 miles

If you are not interested in the vast range of antiquities on the Downs, once on Trehudreth Downs you could simply head NE over the well grazed downs to the cattle grid to the A30. That would be a great shame as there is so much that is well worthwhile seeking out up here. Your overall direction should start roughly E uphill to find the first stones. It then becomes roughly ENE to find everything else, then roughly NE to reach the cattle grid by the A30. I say 'roughly' since the various cairns, standing stones, stone rows and boundary stones are dotted all over the place. Rather than give specific directions, I just list their locations from W to E, in the direction you are heading, on the main web page. On the way up the hill you encounter a triangular standing stone, maybe a medieval boundary stone, at 12120/72934. Looking back, roughly N, you will see a remarkable field abutting Newton Downs, dotted with piles of massive stones, some of which might originally have been cairns on which farmers piled the rocks littering the field.

At the entry to Trehudreth Downs, a track goes R to Blisland. Ignore it and head roughly E up to the crest of the Downs to find the antiquities there and on Greenbarrow Downs. Once up on the crest at the first standing stone, your general direction over the Downs is roughly ENE. Soon after you start to go downhill, continue NE, roughly following the line of the RH fence to the cattle grid at Manor Common. (Open Access land ends) Cross the busy A30 with great care and return on the lanes to the Temple Fishery Car Park. (7.82 miles)